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Jangchub Choeling Nunnery

MONTHLY REPORT [January to March]

*“If the problem can be solved, why worry? If the
problem cannot be solved, worrying will do you no
good.” By Shantideva*



MUNDGOD | JANGCHUB CHOELING NUNNERY | 03/04/2023

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Prepared By: Tsomo and Choezom

INTRODUCTION:

May this month of January, February, and March report find you with a peaceful and warm smile.

Let's warmly welcome to read below Jangchub Choeling Nunnery's report. We are ecstatic to share nunnery reports in every two or three months with our good readers, especially for our grateful sponsors and supporters.

"Happiness is not something readymade, it comes from your own action"

-His Holiness the Dalai Lama



Prepared By: Tsomo and Choezom

GESHEMA DAMCHA:

The Geshema degree is the highest level of training in the Gelugpa tradition, equivalent to a doctorate in Tibetan Buddhism. The Geshema degree was only formally opened to women in 2012 and nuns began taking Geshema exams in 2013. In 2016, Twenty Tibetan Buddhist nuns made history when they became the first Tibetan women to earn Geshema degrees. We feel proud that five of our nuns were among them.

On 24th January 2023, we are happy to celebrate the graduation ceremony (**GESHEMA DAMCHA**) at the nunnery's main temple. Geshemas of this year are Ven. Samten Choedon, Ven. Jinpa Choetso, and Ven. Tashi Yangkyi la who are from Tibet and Ven. Chattan Dolkar la is from Ladakh, India.



We would like to convey our hearty congratulations and good luck to every Geshema for their success and this spiritual journey.

Prepared By: Tsomo and Chozom

GESHEMA EXAMINATION & RESULT:-

On auspicious Wednesday, we started the annual Tantric examination from 25th -27th January 2023. The examination is in written and debate form.

On the last day of January 2023, all nuns along with the nunnery abbot and teachers gathered in the main temple to attend the function of distributing prizes and appreciation to Tantra examiners.



Prepared By: Tsomo and Choezom

Dialect practice with lay students:-

As wisdom is the only thing in the world that cannot be snatched, buy or, stolen from others. But it can multiply when we share with others. Our junior nuns gave company to explore and did discussions with lay school students on basic dialect topics at **Drepung Science Center.**



During the workshop to nurture student Mentors on Dialectics.

Prepared By: Tsomo and Choezom

Exploring opinions after JANG GUN CHOE:-

As in the month of November around 86 nuns went to BODHGAYA to attend the 26th Nuns winter debate session. After returning, nuns are refreshed & reminding of the important points, lessons and opinions they learned during the winter debate session and performing them in the form of the debate.



New Year preparation: [Tibetan New Year]:-

In the month of February 17, 2023, we started the preparations for Losar (Tibetan New Year) by making **different kinds of KHAPSE** and cleaning the nunnery's environment as well as cleaning our individual rooms.

- ❖ **KHAPSE:** - **Khapse** is a traditional Tibetan cookie made during Losar. We made a huge quantity of khapses of different designs and distributed them to all the nuns as well as to other monasteries & communities nearby.



- ❖ **LOSAR** is a NEW YEAR festival celebrated in Tibet and similarly by Tibetan Buddhists worldwide. This year Tibetan Losar 2023 (New Year) festival was on Tuesday, February 21.



Jangchub Choeling Nunnery wishing all our Dharma friends and supporters.

TASHI DELEK! And prosperous LOSAR WATER HARE YEAR 2150.

Prepared By: Tsomo and Choezom

Special Prayer after Losar: [KHAGUR & TENGUR]:-

On February 28th, we started reading of the sacred texts of Buddha. In Tibetan, we called these texts **[KHAGUR and TENGUR]**, followed by **ONE LAKH TARA PRAYERS** dedicated to his holiness, other great souls, our sponsors, supporter, and devotees . Prayers for the well- beings and remove negativity and obstacles of all sentient beings.

Prepared By: Tsomo and Choezom



Novice ordination: [GETSULMA]:-

The Getsulma ordination has 36 vows for developing the mind. The **Getsul itself means” the one who’s training in virtuous conduct”**. Becoming a nun is joining a community of Sangha. It is to study and practice the teachings of Buddha and share them with others. It is truly a meaningful and worthy path to live one’s life as a nun. We are fortunate that the Buddha’s initiated tradition of a monastic is still alive.



We are happy to share the news that seven of our young nuns got a golden opportunity to receive this novice ordination by His Holiness Dalai Lama.

Prepared By: Tsomo and Choezom

Nuns Workshop [BANGLORE]: -

Two of our Nuns went to attend the 16th Tibetan college students 'conference at Bangalore, which mainly related to Tibetan culture and the perseveration of the language.

After coming back, they shared their experience and the importance of such conferences and workshops which helps to stay up to date and connect us with the outer world beyond nunnery.



Prepared By: Tsomo and Choezom

Senior nuns went to the teachings of His Holiness the 14th Dalai Lama:-

His Holiness the Dalai Lama conferred the Chakrasamvara Empowerment in the Krishnacharya Tradition at the Main Tibetan Temple in Dharamsala, HP, India On March 8-9, 2023 at the request of Gandan Tegchenling Monastery, Ulaanbaatar, Mongolia as well as several Tibetan lamas. On March 8th His Holiness confers the preliminary empowerment and on March 9th he confers the actual empowerment.

Jangchub choeling nunnery's senior nuns went to receive His Holiness Dalai lama's teaching. The empowerment is required to do the daily practice of the Six-Session Guru Yoga which is compulsory for the Highest Yoga Tantra empowerment.



Farewell ceremony [ABBOT]:-

It is time to say bid goodbye to our respected **KHENPO, GESHE TASHI TSERING LA**, who is from GADEN SHARTSE MONASTERY. We have been blessed by the monasteries to give qualified ABBOT for the duration of three years.



We would like to express words of thanks for his contribution, advice, and time at our Nunnery.

Under your guidance, our Nunnery came forward in many ways including GESHEMA TANTRIC STUDIES for three years within the Nunnery.

Prepared By: Tsomo and Choezom

